



ICA defends doctors of chiropractic

The International Chiropractors Association (ICA) has issued a letter to a former legislator from Louisiana regarding a debasing comment on chiropractors used as a quote on an unrelated topic. Garret Graves, who served in the Louisiana House of Representatives until last year, was quoted in a July 27 article by Jack Brook:

"I don't know what chiropractor or palm reader they got advice from on this but – baffling that someone thought this was a good idea."

The comment was embedded in a statement he made regarding the cancellation of a \$3 billion coastal restoration project. The comment was distributed worldwide by the Associated Press. The article, regarding the potential loss of coastal restoration funds from the Deepwater Horizon Oil Spill Settlement Fund, is an important topic which warrants a serious discussion.

In the letter sent by ICA's CEO, Dr. Edwin Cordero, the following comments were provided:

"This quote from you has no place in such a serious discussion and implies that chiropractors lack credibility. Whether provided as a cheap shot at the profession or out of a lack of understanding of the strong evidence-base supporting the safety and benefit of regular chiropractic care, your quote undermines the valuable work of more than 100,000 Doctors of Chiropractic in the United States including the more than 700 in the state of Louisiana.

Chiropractors (Doctors of Chiropractic) are:

- Recognized as Essential Health Care Providers by the US Government.
- Physician level providers in Medicare, Medicaid, DOD and VA.

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H.R. 539 / S. 106 the chiropractic Medicare Coverage Modernization Act

Legislation to increase Medicare coverage of chiropractic services is awaiting Congressional action - and will now have to wait a little longer for action as House Speaker Mike Johnson (R-Louisiana) has sent members home until September.

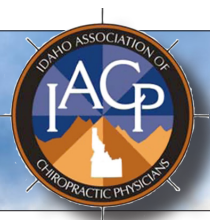
For almost 50 years, Medicare beneficiaries have only been covered for one chiropractic service: manual manipulation of the spine. Lack of Medicare coverage means seniors and other Medicare patients who require services are forced to either pay their chiropractors out of pocket or visit a provider whose standard procedures may involve drugs, or other treatment options that are often unnecessary.

The Chiropractic Medicare Coverage Modernization Act, (H.R.

539 / S. 106) would allow Medicare beneficiaries access to the chiropractic profession's broad-based, non-drug approach to pain management, which includes manual manipulation of the spine and extremities, evaluation and management services, diagnostic imaging and utilization of other non-drug approaches that have become an important strategy in national efforts to stem the epidemic of prescription opioid overuse and abuse. While the bill increases access options for Medicare beneficiaries, it does not add any new services or remove services currently covered under Medicare.

Recent studies show that access to chiropractic care can

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IACP

The mission of the Idaho Association of Chiropractic Physicians (IACP) is to act as the unified voice, leader and stalwart supporter of the individual licensed doctors of chiropractic and supporting associates who provide exceptional health care and wellness to the patients and communities of Idaho. In supporting our Idaho chiropractic physicians, the IACP will work diligently to protect, enhance and build opportunities for the chiropractic industry and increase public access to chiropractic care.

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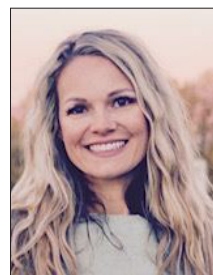
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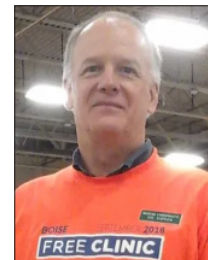
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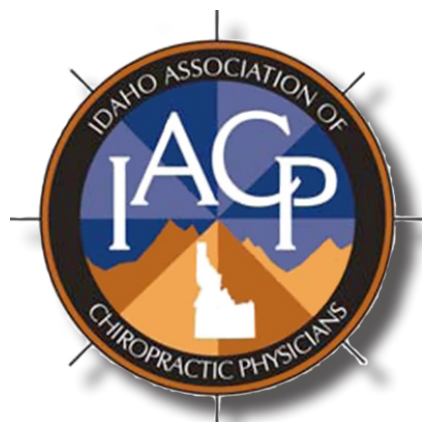
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H.R. 539 / S. 106

The chiropractic Medicare Coverage Modernization Act

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save money for the healthcare system, particularly when compared to prescriptions and surgery. The Chiropractic Medicare Coverage Modernization Act, is bipartisan legislation addressing a nationwide issue. Access to chiropractic care will benefit more than 55 million Americans.

Chiropractors urged to take action

It is vital that federal representative hear about the importance of increased access to chiropractic care. Urge your representative to co-sponsor The Chiropractic Medicare Coverage Modernization Act, (H.R. 1610 / S. 799) and thank them for their support of Medicare patients.

The net positive effect of increasing access to chiropractic services in Medicare is likely to be both real and substantial among Medicare beneficiaries age 65+, resulting in better care outcomes, fewer adverse events, and lower cost of care. Greater availability of chiropractic care reduces costs for spine-related conditions:

- Access to chiropractic care in Medicare can reduce visits to primary care providers by 0.37 million visits, at a savings of \$83.5 million annually.
- Conversely, reduced access to chiropractic services increases visits to primary care physicians (32.3 visits per 1,000) and the rate of spine surgeries (5.5 additional surgeries per 1,000). This equates to an additional expense of \$391 million to Medicare annually.

American Chiropractic Association Action Center

[Ask Congress to Support H.R. 539 / S. 106](#)

IACP 2026 Annual Convention

Save the Date: April 24-26, 2026, The Grove Hotel - Boise, ID

Join your fellow chiropractic colleagues for the IACP Annual Convention in Boise. The event will be filled with innovative presentations, networking opportunities, and discussions on our efforts to grow the chiropractic industry into the future.

Our fresh and diverse set of speakers, along with our exhibition of industry partners, will provide you with professional development as well as applicable products and services to benefit your practice.

ICA defends doctors of chiropractic

Continued from front page

- Licensed in Every US State.
- Chiropractic Care is a covered service in Medicare, Medicaid, US military and Veterans Administration health care.
- Safety of chiropractic validated through medical malpractice rates that are among the lowest in health care.
 - Research including studies conducted by the US Defense Department show benefits of chiropractic care for improved performance, strength, and recovery.
 - Studies show that for patients in pain, chiropractic is first line of care, the rate of opioid prescriptions being filled is reduced by at least 50%.
 - Workman's Compensation Research Institute Study found chiropractic care was less expensive for on-the-job injuries, and that employees returned to work more quickly."

The International Chiropractors Association, established in 1926 by the developer of chiropractic, Dr. B.J. Palmer played and continues to play a pivotal role in the development of the chiropractic profession. We worked to get state licensure and today to continue to keep chiropractic a drug-free profession. Today our membership is in every US state and 50 countries around the world. Chiropractic is an essential

choice for the 12% of the global population who deal with back pain every year as well as a whole person care approach for people of all ages and all states of health. Chiropractic is about promoting the body's own innate healing capacity and regular chiropractic care.

In the 1960s chiropractors were belittled and attacked by the organized medical community. Several doctors at the ICA filed a federal Sherman Act violation against the American Medical Association (AMA). Seventeen years in the federal courts and in 1987 a federal judge found the AMA guilty of violating antitrust laws by orchestrating a boycott against chiropractors. The court determined that the AMA's actions, including informing members that associating with chiropractors was unethical, constituted an unreasonable restraint of trade. This led to a permanent injunction against the AMA, preventing them from hindering professional associations between medical doctors and chiropractors. The vestiges of the bias created during that decades long attack.

ICA respectfully requests that you take corrective action regarding chiropractic. Issue a public statement through social media or even join us on a podcast to talk about chiropractic and its value.



"Join the Pack"

Become a member of the IACP

The IACP acts as a resource, representative and leading advocate for the chiropractic industry in Idaho. We cannot continue to properly serve the chiropractic profession without the commitment and support of exceptional industry leaders, such as yourself. The IACP Board and its members believe that membership in the Association is and should be mutually beneficial to both the Doctor and the IACP, which makes it a perfect cooperative relationship. As a member, you will have multiple opportunities to obtain learning and marketing opportunities, at a discounted rate, through membership, as well as, have an opportunity to utilize the services of the IACP team and its Board. You will also have an opportunity to get involved in important issues, from the center, along with other industry leaders and spokespeople. At the same time, the Association continues to grow and provide broader services to the industry with your support. [Join now and be a part of the "pack" that will lead us into the future!](#)



Go ahead, make your day.



Compliance risk is revenue risk

In today's complex healthcare environment, providers are expected to deliver quality care while also navigating a growing web of regulatory responsibilities. Unfortunately, too many chiropractic practices overlook one critical truth: **compliance risk is directly tied to revenue risk**. A minor oversight in your compliance program today could result in significant financial penalties tomorrow.

In the white paper, [*Compliance Risk is Revenue Risk – Here is How to Protect Both*](#), by CJ Wolf, MD, CHC, CPC, CCEP, CIA, healthcare providers are given a practical roadmap for transforming compliance from a cost center into a strategic asset.

Manual Compliance is Costly and Inefficient

Many provider offices still manage their compliance programs using spreadsheets, emails, and file folders. While this may seem like a low-cost approach, the hidden costs of inefficiency quickly add up. Your team spends hours in meetings to review policies and procedures, audits are cumbersome and inconsistent, and staying up to date on regulatory changes is often a reactive process, rather than proactive, putting your practice at risk.

Auditing and Monitoring Protect Your Bottom Line

Chiropractic practices rely heavily on clean claims and accurate billing to maintain financial stability. However, regular internal auditing is often one of the first things to fall through the cracks. The result? Revenue leakage from billing errors and increased vulnerability to audits from insurers and federal payers.

The white paper highlights how automated compliance solutions can increase audit capacity without increasing staff, identify billing errors before they become liabilities, and improve readiness for government investigations. As the author notes, "Proactive monitoring beats reactive crisis management—waiting for a government audit is not a strategy". (CJ Wolf, 2025)

Prevent Excluded Provider Risk with Screening Tools

CMS requires healthcare organizations to conduct monthly exclusion monitoring of all employees, contractors, vendors, and ordering and referring providers. Hiring an excluded provider can be a six-figure mistake. Organizations that employ or contract with excluded individuals and submit claims to federal programs for services rendered by them can face substantial CMPs, potentially exceeding \$130,000 per violation, according to Ntracts. (NTRACTS, n.d.) One Ohio

nursing center paid \$243,000 in penalties for unknowingly employing an excluded nurse, (OIG, 2025) something that could have been prevented with monthly exclusion screening software.

Build a "Speak-Up" Culture Before It is Too Late

Many compliance failures result from silence—team members saw something wrong but did not feel safe speaking up. Encouraging early reporting requires more than an open-door policy. It means building a culture of compliance where everyone feels responsible for spotting and reporting concerns.

The white paper emphasizes the importance of anonymous reporting tools, incident tracking, and staff training. Even when a report turns out to be a false alarm, it fosters vigilance and accountability throughout the practice.

Your Compliance Program Can Deliver ROI

Yes, being compliant is an investment. However, it delivers measurable ROI. Provider offices can estimate savings by calculating the time spent on their compliance programs versus revenue lost by not treating patients. As Wolf concludes, "Effective compliance is not just about avoiding fines."

Investing in compliance protects your practice and your license. Do not wait for a crisis to upend your practice before taking the time to upgrade your systems. Take the time now to evaluate your risk areas, streamline your processes, and build a culture that protects both your patients and your practice. Our Gap Analysis can help you identify areas where you may be deficient and show you how ChiroArmor can help bridge the gap. [Click here](#) to schedule your Gap Analysis.

Dr. Ray Foxworth, DC, FICC, is the visionary behind ChiroHealthUSA, serving as its esteemed founder and CEO. With over 39 years of dedicated service in chiropractic care, Dr. Foxworth has navigated the complexities of billing, coding, documentation, and compliance firsthand. His rich experience includes roles as the former Staff Chiropractor at the G.V. Sonny Montgomery VA Medical Center and past chairman of the Chiropractic Summit and Mississippi Department of Health. Dr. Foxworth is deeply committed to advancing the chiropractic profession, which is evident through his leadership roles. He is an at-large board member of the Chiropractic Future Strategic Plan and holds an executive board position with the FACP.

Clinical Compass announces new informed consent publication

Study reveals variations in informed consent guidance across American Chiropractic Board websites

A new [study](#) from [Clinical Compass](#) has identified significant variations in informed consent requirements for chiropractors across U.S. state, district, and territory licensing jurisdictions. While informed consent has been a standard in healthcare since 1905, this study reveals inconsistency in the implementation of informed consent process in chiropractic care across the U.S.

The objective of this study was to summarize the laws, statutes, and regulations regarding patient informed consent on the websites of from all United States (US) jurisdictional boards governing chiropractic licensure.

The research, which reviewed all 50 states, one federal district, and five U.S. territories, found that most jurisdictions (82%) do not specify a required format for informed consent, and many do not provide detailed guidance on what should be included in the consent process. However, a small group of jurisdictions—such as North Carolina and Oregon—offer more comprehensive recommendations, incorporating key elements of the PARQ framework (Procedures, Alternatives, Risks, and Questions).

Although the study highlights positive steps toward ensuring patients are informed about the risks of chiropractic treatments, it also underscores the need for greater consistency across the country. Many jurisdiction websites still lack clear regulations or guidelines for informed consent, leading to uncertainty and variation in chiropractic practices.

The study calls for concerted efforts to standardize informed consent processes to promote a culture of patient safety and to ensure clearer communication between chiropractors and patients nationwide.

This paper is available open access (for free) on the journal website: [CLICK HERE](#).

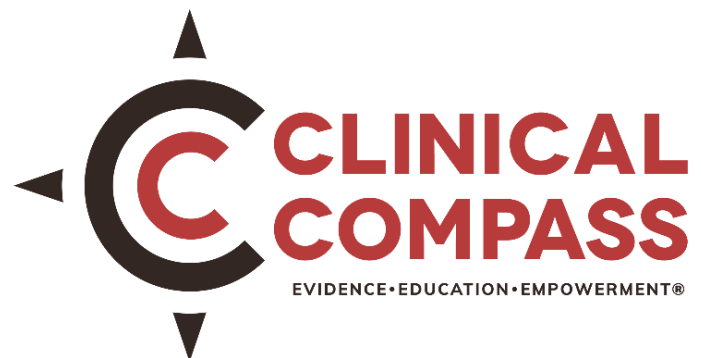
Clinical Compass is an evidence-synthesis research collaborative that generates reviews and best practices research through consensus-based models. In addition,

Clinical Compass maintains regularly updated evidence centers for 17 different clinical topics such as dry needling, opioids, and cost-effectiveness.

The mission of the Clinical Compass is to improve patient outcomes by advancing evidence – based care in an effort to transform healthcare through knowledge translation. The Clinical Compass collaborates with every major chiropractic organization, many states and their respective associations, individual chiropractors, as well as other healthcare providers interested in providing the best, most evidence based care to their patients. Participation and process are as transparent as possible and a diverse cross-section of the chiropractic profession is represented.

You can help Clinical Compass expand our efforts to produce, curate, and distribute evidence and research to increase the awareness of the efficacy of chiropractic care and ensure that payers, business leaders, legislators, and the general public have reliable information on which to base informed health care decisions. Your support is VITAL to our mission. All donations may be tax deductible. To support the work Clinical Compass, [click here](#).

Citation: Daniels CJ, Paris D, Mooring S, Anderson K, Crivelli L, Muth C, Clinical Compass. United States guidance on informed consent for chiropractors: a review of state regulator websites. *Journal of Contemporary Chiropractic* 2025;8(1):135-143.



Chiropractic Future champions reform on behalf of the chiropractic profession

In a bold and unprecedented step to combat regulatory discrimination and restore competition in U.S. healthcare, [Chiropractic Future](#) has submitted three formal comments to the U.S. Department of Justice's Anticompetitive Regulations Task Force. These comprehensive filings spotlight widespread anti-competitive practices that exclude doctors of chiropractic from full participation in federal health systems and private insurance markets, despite clinical effectiveness, licensure parity, and legal recognition.

The comments address systemic violations of provider nondiscrimination law under 42 U.S.C. §300gg-5, critical regulatory barriers within Medicare, and misuse of ERISA preemption by insurers to suppress chiropractic participation. Together, they form a bold and evidence-backed national effort to challenge systemic inequities that continue to restrict reimbursement, limit access, and enable discriminatory treatment of doctors of chiropractic throughout the healthcare system.

"This is not just about doctors of chiropractic. It's about fairness, access, and patient choice in America's healthcare system," said Kristi Hudson, Chairperson of the Chiropractic Future Leadership Committee. "Through this effort, we've drawn a clear line. Discrimination and competitive suppression must be addressed through federal enforcement."

Key Highlights from the Comments:

Provider Nondiscrimination (42 U.S.C. § 300gg-5): Despite legal protections under the Affordable Care Act, doctors of chiropractic continue to face unequal reimbursement, preauthorization barriers, and unjustified network exclusion. These actions are imposed even when chiropractors deliver services within their licensed scope that are billed using the same codes as other providers. These practices suppress competition and block patient access to proven, cost-effective care.

Medicare Coverage Disparities: Doctors of chiropractic are federally recognized as "physicians" under 42 U.S.C. § 1395x(r), yet current CMS rules limit Medicare reimbursement to spinal manipulation only. This exclusion applies even to services such as evaluations, diagnostics, and rehabilitative care that fall within a chiropractor's licensed scope of practice. These same services are routinely

reimbursed when performed by other Medicare-recognized providers. This policy restricts patient access, raises costs, and undermines clinical equity.

ERISA Abuse and Market Distortion: Self-funded plans increasingly invoke ERISA pre-emption to bypass state laws and enforce discriminatory benefit designs. These practices allow insurers to reimburse doctors of chiropractic at lower rates, impose arbitrary visit limits, and recoup payments without due process. Such tactics violate fiduciary duties and suppress chiropractic participation in favor of more expensive provider types.

A Call to Action for the Profession

This strategic action represents a milestone in elevating doctors of chiropractic to equal footing within the U.S. healthcare system. Chiropractic Future urges chiropractic organizations, institutions, and individual providers to share these filings, engage with federal advocacy efforts, and press for regulatory and statutory reforms that recognize the full value of conservative, non-pharmacologic care.

"We're calling on every doctor of chiropractic and every stakeholder in this profession to see these comments for what they are - a meaningful step toward opening the door to reform," said Marc Abila, CAE, Reimbursement Workgroup Chairperson. "This is Chiropractic Future's opportunity to change the conversation at the federal level."

Chiropractic Future also recognizes the important contributions of other national chiropractic organizations that have submitted comments to the Department of Justice addressing anticompetitive healthcare regulations. The chiropractic profession is strengthened when multiple voices work to expose and challenge systemic barriers. These independent efforts highlight a shared goal of ensuring patients have access to care from all qualified providers, supported by fair and consistent reimbursement policies.

About Chiropractic Future: The Chiropractic Future Strategic Plan is a collaborative initiative dedicated to creating better access, better reimbursement, and a brighter future for the profession. Focused on driving national change, the initiative leverages innovation, data, research, and technology to shape the future of chiropractic healthcare across the country. [Click here](#) for more information.

Bringing chiropractic care to Gambia *a life-changing mission*

Imagine being the first chiropractor to introduce chiropractic care to an entire country. For Dr. Neema Tillery-Moore, this became a reality on her recent medical mission trip to The Gambia. As part of the Sunu Reew Medical Mission, she combined chiropractic and physiotherapy to serve a population that had never experienced this kind of care before. Her leadership and servant heart are an inspiration, and her display of the power of chiropractic care is truly amazing.

The Mission: Healing, Education, and Impact

The goal of the mission was twofold: to introduce chiropractic care and to integrate it with physiotherapy to help patients heal faster. Dr. Neema found herself in an environment vastly different from here in the states. The Gambians healed remarkably fast.

“One adjustment was life-changing for them,” she said. Likely, their physical lifestyle, cleaner food, and resilient mindset contributed to their ability to recover quickly. Theirs is a culture of gratitude and positive mindsets, well known as “the Smiling Coast of Africa.”

Dr. Neema worked at the teaching hospital in The Gambia, where she collaborated with physiotherapists, medical students, and doctors to integrate chiropractic into their existing treatments. She also conducted a formal lecture on chiropractic care, introducing the field to medical students and healthcare professionals for the first time.



A Ripple Effect of Healing

Word about chiropractic care spread rapidly. Within days, she was adjusting patients from all over the hospital, including department heads and influential community members. Many of them had never experienced chiropractic care before but quickly saw dramatic results.

One of the most incredible chiropractic wins was treating babies with brachial palsy—a condition caused by traumatic births where infants couldn’t move their arms. With just two precise adjustments—the Atlas and the shoulder—babies regained movement within days.

Another memorable moment was adjusting an elderly man who had been suffering from chronic back pain for over a decade. After one adjustment, he stood up with ease and expressed disbelief at how much relief he felt. Patients who had suffered for years suddenly found themselves pain-free, further solidifying the need for chiropractic care in the region.

Media Recognition & National Awareness

The impact of chiropractic care wasn’t just felt within hospital walls—it became a national conversation even before she arrived. The success of her previous visit led to significant media coverage. She appeared on radio and television broadcasts, working with ambassadors and key officials to ensure the community was aware of her visit. This helped spread awareness and excitement before she even stepped foot in the country.

She also planned and executed a large-scale health fair, coordinating a team that provided screenings for hypertension and diabetes to over 90 people in a single day. Held at the property of renowned Gambian musician Sona Jobarteh, the event required extensive planning, including securing translators for five different local languages and working with Gambian medical students to execute the screenings efficiently.

The Future: A Chiropractic Wellness Center in The Gambia

This mission was not a one-time event. Chiropractic care in The Gambia is here to stay. Plans are in motion for a permanent wellness center that will integrate chiropractic, physiotherapy, and massage therapy. The vision is not just to provide care but to ultimately train local Gambians in chiropractic, making it a sustainable part of the country's healthcare system.

Dr. Neema is already in the process of securing property for this center, with plans to establish it within the next few years. The facility will not only provide treatment but also serve as an educational hub where physiotherapists, students, and medical professionals can learn about chiropractic care.

Expanding the Mission

Beyond chiropractic, Dr. Neema is organizing a retreat for women entrepreneurs in The Gambia. In talks of collaboration with Fandema, a school dedicated to teaching women STEM skills such as solar panel creation and sustainable energy, the retreat will bring together women business owners from the U.S. and The Gambia to exchange knowledge, empower each other, and provide resources to help Gambian women build sustainable businesses.

Part of this retreat will include a business pitch competition, where Gambian women will have the opportunity to present their entrepreneurial ideas. Winners will receive funding and mentorship to help grow their businesses, furthering the economic development of the region.

A Lasting Legacy

Dr. Neema's journey to The Gambia was not just about adjustments—it was about empowerment, education, and long-term transformation. Her experience proves that chiropractic care has a huge place in global healthcare, and her efforts are laying the foundation for future chiropractors to continue this work.

In acknowledgment of her dedication to Sunu Reew Medical Mission and her commitment to uplifting the health and dignity of the Gambian community, Dr. Neema was honored by the State of Delaware House of Representatives. This prestigious recognition underscores the impact of her work and the life-changing difference chiropractic care is making in The Gambia.

About Women Chiropractors

Women Chiropractors[®] is a Non-Profit Organization launched from a collective dream of female chiropractors around the world. We are an inclusive, multi-generational gathering of chiropractic women. We are most excited about helping women chiropractors, across the globe, to achieve their purpose and goals in life, defined by their definition of success.

We believe everybody has a story and a unique purpose. Our WDC community offers education and support that empowers all women chiropractors in technique, human resources, philosophy and life skills. Our goal is to help you connect to a sisterhood (state of kinship, the sense of women being in solidarity with each other) that supports YOU as you turn your purpose into action.

TOGETHER we are committed to keeping our minds and hearts open, elevating women chiropractors and students by encouraging growth and igniting the change we all want to see in the world. We are so grateful you are here. Because together we are ALL better.



Chiropractic News

Spizz & Spa Retreat

Join the League of Chiropractic Women Board Members — collectively bringing over 250 years of wisdom and heart — for a rejuvenating weekend filled with purpose, presence, and connection. Whether you're looking to refine your practice, relax with friends, or reignite your inner spark, this retreat is designed with you in mind.

A Weekend to Refresh and Recharge, Friday, November 7, 2025 - Saturday, November 8, 2025 at the Hotel Valley Ho, Scottsdale, AZ.

This is more than an event—it's a sacred space for women in chiropractic to gather, celebrate one another, share insights, and embrace the joy of being supported by a like-minded community.

[Click here](#) for more information or to register.

ACA updates coding guidance for CMT evaluation and management

The American Chiropractic Association (ACA) has updated its coding guidance for doctors of chiropractic when providing evaluation and management (E/M) services on the same date as chiropractic manipulative treatment (CMT).

ACA's white paper on the topic, available to members on the [ACA website](#), provides not only added clarity, but also includes scenarios to help providers and payers reach a common understanding of what is expected within clinical documentation to adequately support both the CMT and a significant, separately identifiable E/M service.

"The guidance, developed by ACA's Health Policy and Advocacy Committee, is intended to establish baseline scenarios for when the E/M service is significant and separately identifiable from the CMT on the same date of service, which has been too vaguely described by current AMA and CMS guidance," explained ACA President Marc Nynas, DC. "The implementation of the white paper concepts by ACA members aims to mitigate the negative impact on clinical practices that are routinely denied payment for these necessary services. The paper promotes high-value, high-quality, patient-centric health care, consistent with the

high standard set by ACA documentation guidance."

ACA's coding, documentation, and reimbursement aids are made available under the direction of the ACA Health Policy and Advocacy Committee, which includes the association's representatives to the American Medical Association (AMA) CPT® and RUC coding process. Members have exclusive access to [20 guidance documents](#) covering topics such as acupuncture services, cervical pillows, X-rays and other imaging, dry needling, surface electromyography, use of physical medicine modalities, and more. For more information, visit the [ACA website](#) or contact memberinfo@acatoday.org.



Nurturing the Future - ICA Council on Pediatrics Conference October 17-19, 2025 - Salt Lake City

The ICA Council on Pediatrics Conference, is dedicated to advancing pediatric chiropractic care. Over three enriching days, you will gain in-depth knowledge and practical skills from leading experts in the field, all focused on addressing the unique needs of pediatric patients. Whether you're looking to expand your expertise, stay informed on the latest research, or enhance your clinical approach, the ICA 2025 Pediatrics Conference promises to deliver unparalleled value and inspiration. [Registration is now open.](#)

The 2025 Annual Pediatric Conference is carefully curated to meet the needs of both seasoned practitioners and those pursuing advanced credentials like the Diplomate in Clinical Chiropractic Pediatrics (DCCIP). This event is the perfect opportunity for DCCIP candidates and postgraduate attendees to deepen their expertise, gain practical tools, and engage with the latest research shaping pediatric care today.

Here's what you can look forward to:

- Specialized techniques for all ages: From chiropractic adjustments for pregnant patients to practical applications in toddler and school-age wellness.
- Advanced, research-based topics: Neuroplasticity in children, infant skull deformities, and dynamic sports injury assessments in pediatric patients.
- Holistic approaches: Explore trauma-informed care, pelvic floor dynamics, and whole-being chiropractic pillars designed to elevate your practice.
- Professional growth: Strengthen your communication, documentation, ethics, and professional boundaries to better serve your patients.
- Meaningful connections: Network with like-minded doctors and leaders in pediatric chiropractic, including a book signing and evening reception.

Whether you're actively working toward your DCCIP, newly certified, or a dedicated practitioner seeking to stay at the forefront, this conference is exactly where you need to be.

[Click here](#) for more info or to register.

ACA welcomes Dr. Brandy Spaulding to its Policy and Advocacy Team

The American Chiropractic Association (ACA) is excited to announce that Brandy Spaulding, DC, will join its staff team as vice president of health policy and advocacy. Dr. Spaulding brings a wealth of experience from her six-year tenure as executive director of the Ohio State Chiropractic Association as well as her 20 years in private practice.

"With her deep understanding of both policy and practice, Brandy is uniquely positioned to elevate our voice and impact in the health policy arena," said ACA Chief Executive Officer Karen Silberman. "We're excited to have her join the ACA team."

Dr. Spaulding began serving on the Ohio State Chiropractic Association (OSCA) board in 2013 as a district director. In 2017, OSCA hired her as director of chiropractic services and special assistant to the executive director. In 2020, she was promoted to the position of executive director/CEO, overseeing the state association's day-to-day operations, developing and implementing strategic initiatives, and leading a diverse portfolio of education, advocacy, and regulatory efforts.

In addition, she has served since 2024 on the ChiroCongress Board of Directors and has contributed to the group's initiatives in areas such as public policy, strategic planning

and reimbursement. She is a member of both the ACA and the Ohio Society of Association Executives.

Dr. Spaulding holds an Ohio chiropractic license, Ohio chiropractic acupuncture certificate, and is certified in Webster Technique. The Chillicothe, Ohio, native attended The Ohio State University, received her Doctor of Chiropractic degree from Palmer College of Chiropractic, and completed her postgraduate 300-hour acupuncture diplomate from Logan University. She has been a doctor of chiropractic and co-owner of Spaulding Chiropractic in Chillicothe since 2005.

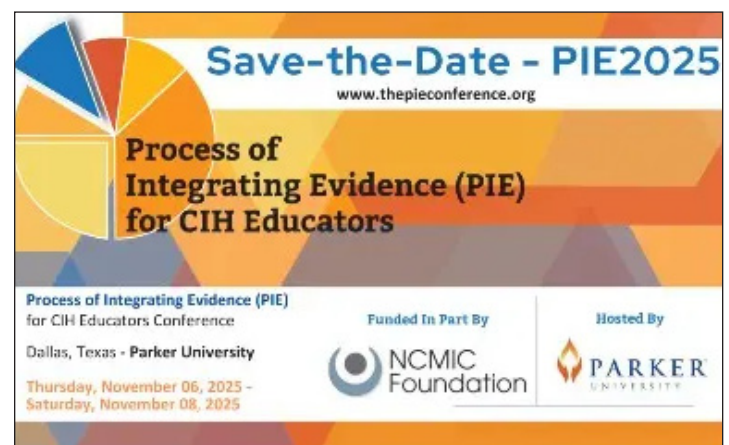
Process of Integrating Evidence (PIE) Conference

The Association of Chiropractic Colleges (ACC) invites doctors of chiropractic, CIH educators and administrators to the Process of Integrating Evidence (PIE) for Complementary and Integrative Health (CIH) Educators, held for the first time, in-person in Dallas, Texas, USA, on November 6-8, 2025, at Parker University.

The PIE conference, held every two years, brings together CIH educators and administrators for a highly engaging and interactive experience with multidisciplinary experts and peers. This event is your chance to gain valuable skills to effectively implement and sustain evidence-based practice strategies in your classroom, teaching clinic, residency environment, or curriculum administration.

This program is being considered for 18 CE hours at select jurisdictions. [Registration is now OPEN.](#)

To assist with travel costs to PIE2025, the Planning Committee through sponsorship from the NCMIC Foundation will award a limited number of travel stipends in the amount of \$1,000 each. The intention is to award a chiropractic faculty member applicant from each accredited North American chiropractic education institute. Application submissions will close on August 18, 2025.



October is National Chiropractic Health Month

The American Chiropractic Association (ACA) and doctors of chiropractic nationwide will celebrate National Chiropractic Health Month (NCHM) 2025 this October with the theme “Get Started with Chiropractic.” The campaign will focus on the benefits of starting with a non-drug approach to pain management.

When it comes to common musculoskeletal conditions such as back, neck and joint pain and tension headaches, getting started with chiropractic — compared with starting with other types of treatments — may help patients reduce or avoid the need for prescription pain medications down the line. Research shows that people who start with chiropractic treatment for back pain have a significantly lower risk of requiring an opioid prescription later.

While opioid prescriptions are down nationwide, opioid overuse disorder remains a serious public health problem in the United States. That’s why starting with non-drug therapies for musculoskeletal pain is a strategy supported by evidence-based clinical guidelines from the American College of Physicians, the Centers for Disease Control and Prevention, and many others.

“Patients today want the option of non-drug treatments to manage their pain, and research and guidelines support that approach,” said ACA President Marc Nynas, DC.



A Get Started with Chiropractic campaign toolkit, with resources and ideas on how to participate, will be available later this year at acatoday.org/NCHM.

About National Chiropractic Health Month

National Chiropractic Health Month (NCHM) is a nationwide observance held each October. The event helps to raise public awareness of the benefits of chiropractic care and its natural, patient-centered and drug-free approach to health and wellness. Learn more at handsdownbetter.org.



The Foundation for Chiropractic Progress welcomes the United Chiropractic Association

The Foundation for Chiropractic Progress is pleased to welcome the United Chiropractic Association (UCA) as its newest Global Leader.

Founded in 2000, the UCA is the youngest chiropractic association in the United Kingdom and has demonstrated steady growth since its inception. The UCA promotes a holistic, vitalistic approach to health, grounded in the principle that a healthy spine leads to a healthier life. “Our goal has always been to ensure chiropractic maintains a clear and distinct identity within the broader healthcare community,” said Rekha Rampersad, DC, UCA board member. “Joining the Foundation allows us to amplify our mission globally, promote drug-free, patient-centered care and collaborate with like-minded professionals who share our commitment to chiropractic excellence.”

As a Global Leader, the UCA gains access to the Foundation’s expansive library of marketing and educational resources,

including national campaigns, social media content, print advertisements, infographics, podcasts, e-books and more — all developed to increase public awareness and utilization of chiropractic care, globally.

“We are thrilled to welcome the UCA to our growing international community,” said Kent S. Greenawalt, chairman, F4CP. “Their dedication to research, education and patient-centered care further strengthens our shared mission to advance chiropractic and support whole-being health around the world.”

The UCA is guided by core values such as vitalism, holism and humanism, and is deeply committed to scientific advancement, interprofessional collaboration and supporting the next generation of chiropractors. With the addition of the UCA, the Foundation’s global membership now includes 12 international associations.



Public health leaders ask court to protect Medicaid beneficiaries including chiropractic care

The American Public Health Association, along with 67 leading deans and scholars in public health and health law, has filed an amicus brief in the U.S. Court of Appeals for the D.C. Circuit in *Monte Rose Jr., et al. v. Robert F. Kennedy, Jr., et al.* The brief urges the court to affirm a lower court ruling that the federal government violated the law by allowing Indiana to continue to restrict Medicaid eligibility and coverage of services in its Section 1115 demonstration waiver.

The amici argue that the U.S. Department of Health and Human Services and the Centers for Medicare and Medicaid Services (CMS) violated federal law and research standards when they renewed Indiana’s demonstration in 2020 and 2023. These decisions allow the state to continue imposing premiums and eliminate retroactive coverage and non-emergency medical transportation services. These restrictions result in the loss of healthcare access for low-income enrollees, according to extensive research.

“These waivers were never meant to be used as a way of taking away Medicaid services from people and their

families,” said Lynn Goldman, the Michael and Lori Milken Dean of the GW Milken Institute School of Public Health and one of the amici. “Indiana’s waiver has resulted in real harm—tens of thousands of people have lost coverage or gone without essential care.”

Medicaid coverage for chiropractic care varies from state to state. Chiropractic treatment through Medicaid is non-mandatory, which means that each state decides whether to include it in its coverage.

Twenty-four states cover chiropractic care, and six states don’t disclose whether their Medicare plans include chiropractic treatment. Of the covered states, 13 charge beneficiaries a small copayment up to \$3.80 per session for chiropractic treatment.

Eighteen states place limits on the amount of chiropractic care funded through Medicaid, and limitations vary between states. For example, some states limit the number of visits funded per year while others place an annual funding cap on chiropractic treatment per enrollee.

Chiropractic College News

Cleveland College Annual Conference and Expo

For 2025, the Cleveland University-Kansas City (CUKC) Annual Conference and Expo (ACE) event will be at the Sheraton Hotel in Overland Park, Kansas, Sept. 11-13. The Sheraton is adjacent to the Overland Park Convention Center.

First presented at the CUKC Centennial in 2022, the Annual Conference and Expo has become a premier continuing education and networking event for the profession.

Doctors of chiropractic can earn up to 20 Continuing Education Units (CEUs) at the ACE event. New for 2025 is a four-hour session for chiropractic assistants (CAs) and front-office personnel hosted by Kim Klapp. The session covers team-building and best practices in chiropractic offices.

Continuing education topics include neuroscience, sports chiropractic, posture, pediatrics, compliance, regulatory compliance, women's health, and chiropractic technique. On Sept. 12, there's a four-hour session for chiropractic assistants and office personnel, hosted by Kim Klapp.

The plenary speaker for 2025 is Dr. Sherry McAllister, M.S. (Ed) CCSP, FACC. She serves as president of the Foundation for Chiropractic Progress (F4CP), a nonprofit organization that showcases the benefits of chiropractic care.

Those who register for ACE 2025 by Aug. 15 will have access to bonus CE content featuring Dr. Heidi Haavik, vice president of research and dean of research at the New Zealand College of Chiropractic. This 1-hour CE course, "Heidi Haavik Special Presentation," is only available through this early registration offer, according to ACE representatives. The promo code for this bonus content is ACE2025, which can be entered at the ACE 2025 website.

[Click here](#) for more info or to register.



In Memoriam Dr. Donald Kenneth McCleary

Sherman College of Chiropractic extends its deepest condolences to the family, friends, and colleagues of Dr. Donald Kenneth McCleary, who passed away on June 17, 2025. A proud 1983 summa cum laude graduate of Sherman College, Dr. McCleary dedicated his life to the chiropractic profession with humility, compassion, and a steadfast commitment to serving others.



His legacy as a skilled and caring doctor, a devoted family man, and a tireless advocate for chiropractic extends far beyond the communities of South Australia and Queensland, where he practiced and inspired generations. We honor his life, his service, and the countless lives he touched with his gentle spirit and unwavering dedication to principled chiropractic care.

The memorial, *Alumnus Memories for Donald Kenneth McCleary*, was lovingly written by his daughter, Aimee McCleary, in honor of his remarkable life and legacy.

Dr. McCleary will be remembered with great respect and affection by the Sherman community.

Faster, more affordable path to Chiropractic degree offered at Northeastern

Northeast College of Health Sciences and Stockton University in New Jersey have announced a new educational partnership, creating articulation agreements to save students time and money while securing their admission to Northeast College. The partnership allows Stockton University students majoring in health sciences or participating in any Program of Emphasis (POE) to opt for either the 4+3 or 3+3 articulation tracks while pursuing the Doctor of Chiropractic program at Northeast.

The 3+3 articulation option saves students the cost of one year of tuition by allowing them to earn their undergraduate

degree at Stockton and -- when the required GPA has been maintained -- be automatically accepted to Northeast. The 4+3 articulation option allows students to complete their undergraduate degree at Stockton University and then automatically gain acceptance to Northeast when requirements are met.

[Click here](#) for the full press release.

Sherman College of Chiropractic announces leadership promotions

Sherman College of Chiropractic in Spartanburg, South Carolina, is pleased to announce the promotions and hiring of key executive leadership team members. Dr. Karen Canup was recently named executive vice president, and David Bedford was named vice president for finance and campus operations. Joining the Sherman team are Gabe Hollingsworth as vice president for strategic enrollment management and Bruce Rosengrant as vice president for advancement.

“At Sherman College, we are committed to building a strong and visionary leadership team that supports our mission and drives our college forward,” said Sherman College President Dr. Jack Bourla. “We are proud to recognize the outstanding contributions of Dr. Karen Canup and David Bedford through their well-earned promotions, and we are equally excited to welcome Gabe Hollingsworth and Bruce Rosengrant to the Sherman team. Their collective expertise and passion for chiropractic education will be invaluable as we continue to grow and advance the college’s impact.”



Northeast D.C. student honored with scholarship at National Hockey Chiropractic Conference

Northeast College of Health Sciences student Matthew Ward (D.C. '26), an eighth-trimester Doctor of Chiropractic degree candidate at the College, was recently awarded a \$500 scholarship at the 2025 Pro Hockey Chiropractic Society (PHCS) Conference held July 12-13 in Dallas, Texas



The conference brought together leading chiropractic professionals from across the National Hockey League (NHL) and American Hockey League (AHL), offering Ward the unique opportunity to network with team chiropractors and learn directly from experts in the field. Among those in attendance was Richard Finewood (D.C. '96), Northeast (formerly NYCC) alumnus and current chiropractor for the New York Rangers.

SCU brings nation-leading chiropractic program to Phoenix

Southern California University of Health Sciences (SCU) announced the expansion of its flagship Doctor of Chiropractic program to its Phoenix satellite campus, marking an historic first for the Southwestern U.S. region. With no other chiropractic programs currently operating in Arizona, New Mexico, Colorado, Wyoming, Idaho, Utah, or Nevada, SCU’s launch represents a transformational opportunity for students—and for the future of healthcare in the region.

Founded in 1911 as the Los Angeles College of Chiropractic (LACC), SCU’s chiropractic program is one of the oldest and most distinguished in the country. For over a century, it has been at the forefront of chiropractic education and integrative health, preparing students as exceptional clinicians and leaders in a rapidly evolving healthcare landscape.

“Our innovative program delivery sets a new standard for chiropractic education in the Southwest, integrating hands-on practical training, advanced educational technology, evidence-based practice, and interprofessional learning to train highly skilled providers prepared for collaborative practice,” said Nic Poirier, DC, EdD, Executive Dean of the College of Chiropractic Education of SCU.

Continued on next page

Chiropractic College News

Continued from last page

With this expansion, students in the Southwest will gain access to SCU's cutting-edge chiropractic education—without needing to relocate. The 10-term, hybrid program will blend online coursework with immersive, hands-on skill-building at the Phoenix satellite campus. Should they wish to do so, they will also have the option to take some of their in-person courses at the main campus in Whittier, California. The Phoenix program is scheduled to begin January 2026, and the school is currently accepting applications. Visit the Doctor of Chiropractic – Phoenix Metro Campus [webpage](#) for more information or to to apply.

Life Chiropractic College West named top Chiropractic College of 2025

Life Chiropractic College West has been named the Top Chiropractic College of 2025 by Education Insider, a national publication that highlights excellence in higher education.

This prestigious honor recognizes colleges and universities that demonstrate exceptional academic rigor, student support, innovation, and career readiness. After a comprehensive evaluation by a panel of education consultants, academic leaders, and editorial staff, Life West was selected for its outstanding commitment to training practice-ready chiropractors who are prepared to lead, serve, and elevate the profession.

"It's an incredible honor to be recognized by Education Insider," said Dr. Ron Oberstein, outgoing President of Life West. "This distinction reflects the heart of our mission—to ensure every graduate leaves Life West not only with a degree, but as a compassionate, prepared leader ready to serve, succeed, and elevate the field of chiropractic worldwide."

Dr. Peter Kevorkian, who assumed the presidency in July 2025, added: "This recognition is a direct result of the passion, purpose, and dedication of our students, faculty, and alumni. Life West is leading the future of chiropractic education by connecting clinical excellence with global service and visionary leadership."

The announcement comes at a pivotal time as Life West continues to grow its reach—expanding program offerings,

building strategic partnerships, and investing in global service initiatives, all while remaining rooted in its foundational values: Give. Do. Love. Serve.

Dr. Max Vige receives William D. Harper Award



Dr. Max Vige, a Texas Chiropractic College (TCC) alumnus and supporter, was awarded the William D. Harper Award, the college's most prestigious award, at TCC's annual chiropractic convention on the TCC campus in Pasadena, TX, on Friday, July 11, 2025. The award was presented by Dr. Sandra Hughes, current president of TCC, on behalf of last year's award

recipient, Dr. Lawson Howard.

"The way I was raised, I just always wanted to give back and make things better than when we found them," said Dr. Vige during his speech. "My involvement with the chiropractic profession and me giving back to TCA and to our profession, fighting for it, and trying to advance it, that's just part of what was instilled in me at a young age...It's an honor."

Dr. Max Vige, a 2002 graduate of Texas Chiropractic College, has made a lasting impact on the TCC community through his leadership, advocacy and dedication to the profession. A former TCA President and District 11 State Director on the TCA Board of Directors, he has mentored countless students and served as a strong representative of TCC in both state and national chiropractic associations. Last year, he was also honored with the prestigious Keeler Plaque, recognizing him as Texas' Chiropractor of the Year.

Life West marks historic milestone at 87th Commencement Celebration

On June 13, 2025, Life Chiropractic College West hosted its 87th Commencement Ceremony—one that will be remembered not only for celebrating the newest class of chiropractic graduates, but for ushering in a powerful new chapter in the college's legacy.

The two-day celebration in Hayward, California, began with a Champagne Reception and Awards Banquet on Thursday, followed by Friday's Commencement, where 81 students

received their Doctor of Chiropractic degrees and one earned a Master of Science in Diagnostic Imaging.

In a historic first for the institution, the ceremony featured a live presidential transition, as outgoing President Dr. Ron Oberstein passed the presidential robe and colors to incoming President Dr. Peter Kevorkian—marking a poignant moment of leadership, legacy, and evolution.

Keynote speaker Dr. Donny Epstein, renowned in the field for his visionary work, delivered an electrifying address reminding graduates: “Each of us stands on the shoulders of someone else—and remember, there will be thousands who stand on yours. May the fruit that comes after you be richer than we could have ever imagined.”

Academic honors were awarded to Spring 2025 Valedictorian, Ryan Guenette, Summer 2025 Valedictorians Brianna Connor and Darcy Hiebert, along with Salutatorians Lauren Eads (Spring) and Jaron Hua (Summer). The event was emceed by Provost Dr. Scott Donaldson, and featured musical performances by the Brass View Quintet and graduate Daniela Reyes.

From the heartfelt farewell by Dr. Ron to the inspiring vision of Dr. Peter, Life West’s 87th Commencement served as a bold reflection of the college’s commitment to chiropractic’s future—and to shaping graduates ready to Give. Do. Love. Serve.



Logan University to host ACA Sixth Annual Symposium on Women’s Health

Logan University is proud to once again partner with the American Chiropractic Association (ACA) Council on Women’s Health and the ACA Council on Chiropractic Pediatrics to present the sixth annual Symposium on Women’s Health, October 4-5, 2025, on Logan’s campus in Chesterfield, Missouri.



This year’s theme, The Fourth Trimester: Post-Partum and Neonatal Health, shines a much-needed spotlight on one of the most overlooked phases of maternal and infant care. Over two impactful days, participants will explore essential topics such as postpartum recovery, breastfeeding, maternal mental health, neurological development in infants and more, led by a powerhouse lineup of speakers at the forefront of their fields.

“We are so excited for the symposium and thrilled to be back at Logan,” said Sarah Radabaugh, DC, vice president of the ACA Council on Women’s Health. “Our speaker lineup is the best of the best, and all chiropractors and chiropractic students who treat women and infants will thoroughly enjoy this event.”

“Logan is honored to collaborate with both the ACA Council on Women’s Health and the ACA Council on Chiropractic Pediatrics to bring experts in the field from across the country,” said Amber Henry, M.Ed, Ed.S., Ed.D., Logan’s director of continuing education. “This event isn’t just for women practitioners – it’s for every provider who cares for women and infants. Together, we are creating a meaningful learning experience focused on advancing post-partum and neonatal care.”

Open to all healthcare professionals who work with female patients, the symposium offers up to 12 hours of continuing education credit and provides the unique opportunity to connect, collaborate and advance clinical excellence in women’s and pediatric health. [Click here](#) for more info.

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the following posters are available online:

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Get up and move!

STRETCHING for better joint health

Easy exercises to keep your neck healthy

Were you pain free this morning when you got out of bed?

Tips for safe stretches

Don't let pain keep you from enjoying life

Walking now touted as "a wonder drug"

Four ways to avoid pain and injury when starting an exercise regime

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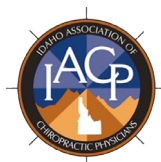
Old age and good health often appear to be mutually exclusive paradigms. In Greek mythology, Tithonus was granted immortality by Zeus, but not eternal youth. As he ages, Tithonus laments his progressively frail body and eventually craves his own death. What Tithonus shows us, aside from being careful what we wish for, is the difference between lifespan and healthspan. That is, not just the number of years we live, but how many of those we are healthy for. The key is optimizing for both, and the power is in our hands more than we realize.

To support the work of your Chiropractor, here are some surprisingly easy health behaviors to incorporate into your daily life which will help give you that vim and vigor you desire:

Good health often lies in what we ingest daily. We all know fruit and vegetables — especially those free from pesticides — are best, and that a Mediterranean or plant-predominant diet is preferable. Synthetic additives, artificial flavorings, and indecipherable configurations of numbers serving as filler ingredients very likely contribute to poor health outcomes. Eating ultra-processed foods (UPFs) is associated with several cancers, in addition to the known cardiovascular risks of consuming UPFs packed with hidden sugars and fats.

It's not just the ingredients in our food that we need to scrutinize. Some personal care products contain chemicals called xenoestrogens, such as parabens and phthalates. Few of us are immune to the old marketing ruse of displaying cute models with luscious lips or soft, hairless armpits to flog their latest product. Sadly, opting for renowned higher-end brands carrying heftier price tags does not assure healthier ingredients. We know that oestrogenic overstimulation plays a role in breast carcinogenesis. A 2023 study demonstrated that substituting these products with items free of parabens and phthalates reversed pro-carcinogenic gene expression within 28 days, though whether this translates to long-term health benefits remains to be seen. Choosing products without xenoestrogens should lower exposure to hormone-disrupting chemicals — a small step that could support long-term health.

Finally, more good news is that cognitive stimulation can be completely unintentional, yet still beneficial to your brain's health. Reading has an association with reduced depressive and chronic pain symptoms, as well as combating cognitive impairment. Your job can also prove important. Adjusting for confounding factors, a recent study found that higher cognitive stimulation at work resulted in lower levels of proteins known to be associated with an increased risk of dementia. What you do for a living might make you live longer. Engaging with word or number games daily has been linked to increased energy and reduced depression, and some studies suggest that regular cognitive challenges may even be associated with lower overall mortality risk. Even if you can only bring yourself to do a Sudoku on the odd occasion, it is still prospectively associated with reduced cognitive impairment.



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The Idaho Association of Chiropractic Physicians

The IACP News

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Format: *The IACP News* is produced in a state-of-the-art digital format. It can be opened and viewed online from both the IACP website at <https://iacp.wildapricot.org/> and also from the publication site: www.IACPnews.com. The publication site has both current and back issues of *The IACP News*. Questions about the digital format, the website, or display advertising should be directed to C&S Publishing at CandSpublishing@gmail.com.

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Half page	8" wide by 4 3/4" tall	\$267	\$264	\$224	\$190
One Third (V)	2 3/8" wide by 9 3/4" tall	\$190	\$174	\$159	\$140
One Third (H)	8" wide by 3 1/8" tall	\$190	\$174	\$159	\$140
Quarter Page	3 7/8" wide by 4 3/4" tall	\$160	\$146	\$134	\$115
One Sixth	3 5/8" wide by 2 7/8" tall	\$105	\$97	\$88	\$75

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